

# FREQUENTLY ASKED QUESTIONS

### WHAT DOES A DONATION TO MEALS ON WHEELS HELP WITH?

Donations go directly toward delivering meals to our senior clients. Whether it be for food to prepare delicious meals or the gas in the vehicle to deliver, the money spent directly impacts the seniors we serve.

## WHAT DOES "SO MUCH MORE THAN A MEAL" MEAN?

When our drivers deliver, they are spending time with our clients and become "the face" of Meals on Wheels for those particular clients. They are doing wellness checks, helping with small tasks and delivering a great source of delicious and nutritious meals each week.

#### WHAT IS YOUR SERVICE AREA?

Meals on Wheels of NMCAA serves a 4 county region including Grand Traverse, Leelanau, Wexford and Missaukee.

### I WANT TO HELP IN OTHER WAYS, WHO CAN I CONTACT?

You can contact our Meals on Wheels Manager, Lisa Robitshek via phone or email. lrobitshek@nmcaa.net or 231-346-2112.

# HOW MANY SENIORS DO YOU SERVE IN THE REGION?

Meals on Wheels of NMCAA in 2022 served 164,533 meals to 1,117 homebound seniors.

### WHERE CAN I FIND OUT MORE ABOUT YOUR PROGRAM?

mealswheelslove.org or nmcaa.net/senior.asp

#### WHY IS INVESTING IN SENIOR NUTRITION MONEY WELL SPENT?

Your donation is money well spent because 1 year of meals served it equal to just 6 days in nursing home or just 1 day in a hospital. The longer we can provide seniors with nutritious meals and keep them in the comfort of their own home, the less money is spent on nursing homes and hospitals.

